

IMMEDIATE RELEASE

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THE 7-DAY DATING AND RELATIONSHIP PLAN FOR GAY MEN

By **GRANT WHEATON**
With **DENNIS COURTNEY**

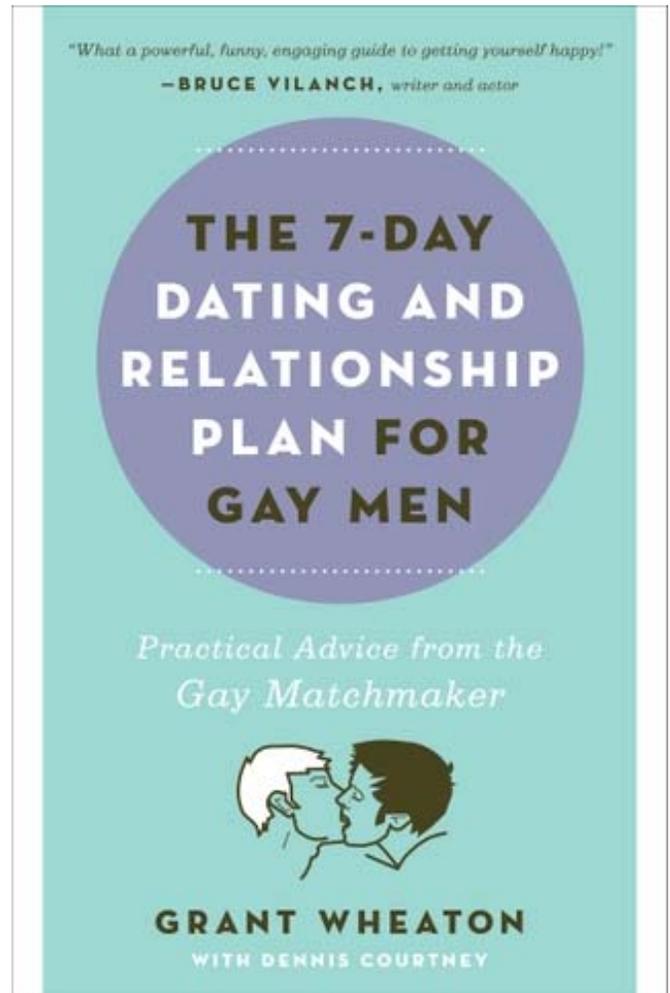
"What a powerful, funny, engaging guide to getting yourself happy!"
—**BRUCE VILANCH**, writer and actor

In [The 7-Day Dating and Relationship Plan for Gay Men](#) (Alyson Books/February 2008/\$15.95 trade paperback original), author Grant Wheaton with aide from his life partner Dennis Courtney help gay men overcome the challenges of finding true love by telling them the truth: **Wake up and get real!** Readers learn that in order to commit to a relationship they must take an iron grip on the world and drop all insecurities and pretenses. This book, written by a couple in a successful relationship, is an essential guide for any gay man trotting his emotional baggage around the city!

If you're one of the many gay men who feel that Mr. Right is only interested in being Mr. Right Now, then perhaps you need to be looking elsewhere for that ideal relationship. With the help of dating expert, Grant Wheaton, owner of New York's long-established ManMate introduction service, and his partner, Dennis Courtney, you'll learn the seven basic principles that will get you on the road toward successful dating and a happier you.

- GET REAL AND BE HONEST • COMMIT TO KEEPING LOVE •
- BE PATIENT, RESPONSIBLE AND REPECTFUL •
- LIVE IN THE NOW • AND MUCH MORE•

With the authors' frank advice and true dating tales, you'll learn to apply these principles and find the man your heart desires.



"The ultimate guidebook for gay men looking for a fresh angle on the dating scene."

-Gay.com

Wheaton's book also includes fun interactive features such as:

- Listing your five most favorable physical features as well as listing five ways to improve your most "challenging" characteristics.
- A Manhattan matchmaker for over twenty three years, Wheaton interviews hundreds of men and asks them the toughest question of them all: "Where is the love?"
- Wondering where all the boys are? Look no further with easy to read gay male index scores for some U.S. metropolitan areas, gay destinations or just an area near you.
- Questionnaires on your spiritual growth and personal behavior will keep you entertained and enlightened for hours.

ABOUT THE AUTHORS



Grant Wheaton is the owner and founder of ManMate, the oldest and largest personalized gay introduction service in America. Since 1985, he has met and worked with over five thousand men and successfully introduced many hundreds of couples and soul mates in the process. Grant has been dubbed "the Dolly Levi for Gay New Yorkers" by the press. For over fifteen years, he has continued to conduct highly popular dating and relationship workshops and classes. Grant has written advice columns and consults with and coaches clients on a regular basis. His enthusiasm and expertise as a dating and relationship specialist have prompted a recent magazine reporter to exclaim, "Thank God for Grant Wheaton!" He has also worked extensively as an actor—onstage and in numerous films, daytime soaps, and commercials. Grant lives in New York City.

For further information on Grant Wheaton or ManMate, Inc.,
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send an e-mail to grant@manmate.com,
or visit our website at www.manmate.com



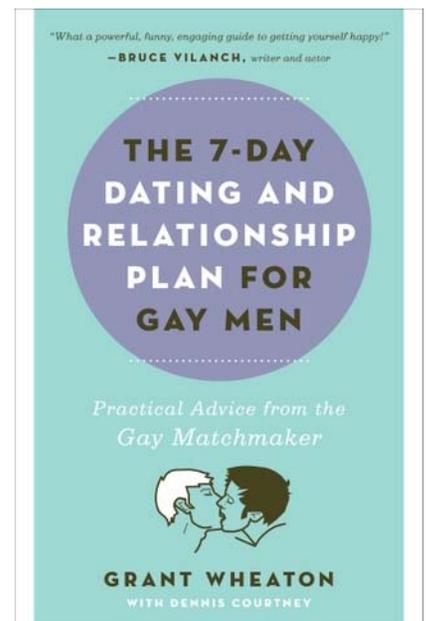
Dennis Courtney is a contributing writer for many entertainment events in both corporate and theatrical venues. He also works as a “script doctor” and has been critically acclaimed for writing original revues that have been produced across the United States. Dennis is also a nationally known award winning stage director, choreographer, and figure skater. As a performer, he has appeared in numerous Broadway and national touring shows. Dennis is based in New York City.

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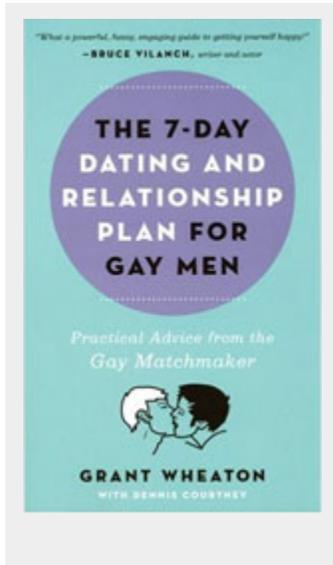
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The 7-Day Dating And Relationship Plan For Gay Men

by Aron Gold, Esq.
EDGE Contributor
Saturday Feb 16, 2008



If you've perused the popular gay dating book "Boyfriend 101," then you'll enjoy Grant Wheaton's new book, **The 7-Day Dating and Relationship Plan for Gay Men**. This book proclaims to have you WAKE UP AND GET REAL thanks to the advice of one of the dating gurus and professional gay matchmakers and his partner Dennis Courtney.

While I won't reveal the seven steps to becoming an ideal gay mate, no matter your age or creed, the chapters themselves are fun to read, easy to understand, and do provide some terrific self-insight. I loved the way each chapter had funny references to Wheaton's real-life clients who highlight pros and cons, like his own personal Goofus and Gallant. I found it very easy to compare myself to some of the more unsavory examples in the book, and this made me pay attention even more to the advice and activities

found in each of the seven steps.

The advice itself is fairly insightful and straight-forward. The seven individual topics aren't anything new or fairly mind-blowing, but they are presented in a way that's more akin to gay me of all ages. Each chapter contains various activities to help you further experience the advice, such as taking a simple quiz or making a list. The final chapters of the book contain general advice for a variety of dating situations that are quite amusing.

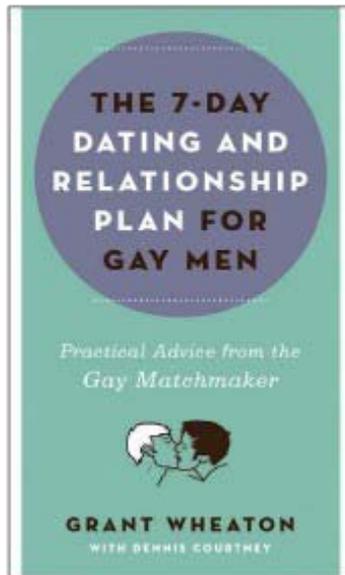
If you need to revamp your dating persona, check out the "7-Day Dating and Relationship Plan for Gay Men." You won't be disappointed, and you will finish this book in a week ... or less!

Aron is a contributor to Edge, focusing on critiques and local events. He is an attorney in Philadelphia.

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The 7-Day Dating and Relationship Plan for Gay Men

By Grant Wheaton
Self-help



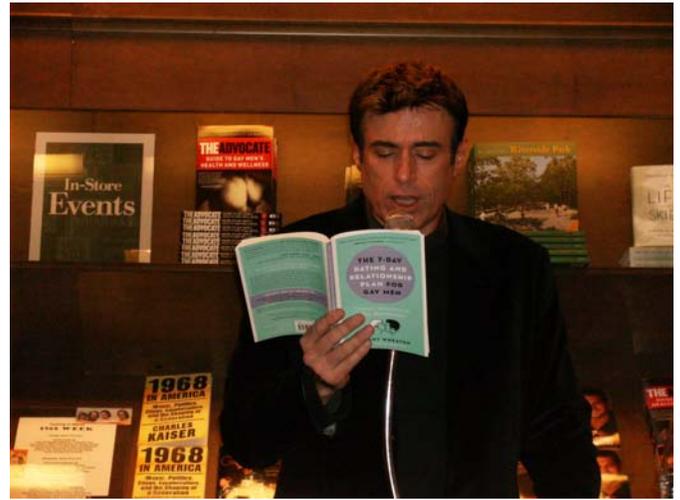
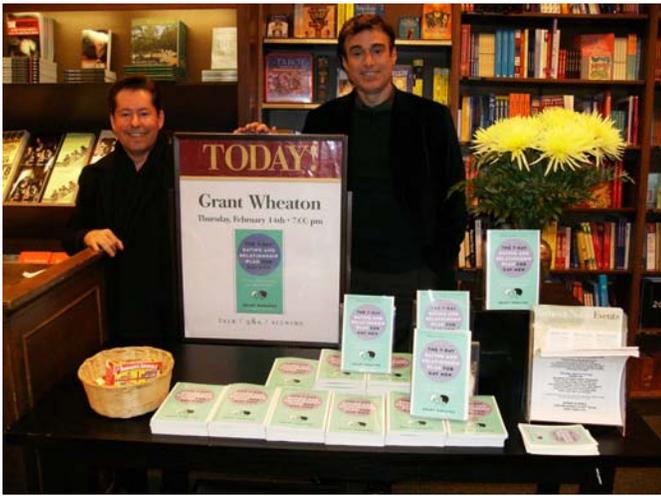
At first glance, this petite 140-page book would appear to be a comical look at gay dating. A quick flip through the book supports that idea, with statements under alliterative aliases such as Drew Drama, Irving Image, Paul Pushover and Arthur Apathy.

But author Grant Wheaton is a successful matchmaker and the founder of ManMate in New York City. The steps he suggests in “The 7-Day Dating and Relationship Plan for Gay Men” are conceptually sound and solid.

Chapter topics such as “Live in the Now”, “Balance”, and “Be Patient, Responsible and Respectful” promote individual ideas that are simple on the surface, yet impossible to master in one day. An additional question-and-answer section, chapter quizzes and self-evaluations promote a solid approach to bettering oneself and thereby bettering the chances for a successful date.

This “Practical Advice from the Gay Matchmaker” is more than a dating guide. It is about self-examination, identifying expectations and being able to have intimate or casual relationships that are honest and real.

- S.D.



As the founder/owner of ManMate, Inc., America's largest, personalized dating and relationship service for gay men, and as a workshop leader and coach, I have guided thousands of gay men through the often-treacherous trenches of dating. I've also seen hundreds of happy couples formed in the process. Throughout over 20 years of extensive matchmaking, I have encountered firsthand every situation imaginable. Because so many guys have become eager to confide in me and have felt free to speak from the heart, **I really have heard and seen it all!**

Meeting the right men for dating and relationships these days seems so overwhelming to many – bars, clubs, chat rooms, internet, speed dating, cell phone, blackberry, iphone, little black book – help! Where does one start? What's needed is a Plan – a place to start – some basic principles based in humanity and common sense, not just externals. ***The 7-Day Dating and Relationship Plan for Gay Men*** offers a way through all the madness and distractions to a clear path.

My Plan uses proven principles, which can be applied successfully to all dating and relationship challenges. I use situations and people I have encountered as examples. This Plan is intended to be much more than a "What-To-Do-And-What-Not-To-Do-On-A-Date" lesson. It delves deeper to help the reader evolve in many areas of his life, making him a more desirable partner.

Part 1 is the 7-Day Plan – each day you spend some time and focused energy on a principle to first improve yourself and then extend toward finding the right relationship for you.

Part 2 offers practical advice from me, the Gay Matchmaker, the "Dolly Levi of Gay New Yorkers", and other fun ways of exploring the ins and out of modern day dating.

I have found that so many dates fail even before they begin because the men simply aren't ready for the dating process. Dennis and I hope that this Plan will be of enormous help to all the men who read it.

- Grant Wheaton, author